



ABDI's AWARD – Racewalking Report 17/9/2012

Woodford Green with Essex Ladies AC staged the last of this season's series of evening graded athletics meetings at Ashtons Track on Tuesday (11th September), with a 3000 metres' walking race proving the night's final action. The walk saw a clear victory for Barnet's Steve Allen, a former TV Crypton Factor contestant, who was always clear of the pack so leaving the rest to race for 2nd place. This was confidently filled by the pick of Ilford's entrants, Abdi Berleen who clocked 17 minutes and 8 seconds, with near neighbour John Taylor of Loughton 3rd in 17.47. Being the final race Series Awards were presented in Woodford's Clubhouse, which saw Berleen joint 2nd with Enfield's Sean Pender. Berleen has enjoyed a successful 2nd season as a race walker after switching coes from running in 2011. Ilford AC won the team award, claiming it back from Enfield & Harringey AC who'd pipped them in 2011. Near neighbours Loughton AC were 2nd overall team.

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